

# PLYMPTON HALIFAX CALISTHENIC CLUB

## NEWSLETTER—MAY 2018

It's been a very busy Term One but hope you have all enjoyed it! Term Two is busy too!!!

We recently held our first House Games Night. Lots of fun had by all with Red the winning House! Thanks to our Coaches for organising the night and Tracy for organising the food.

In upcoming events the CASA May Competitions and Innovation Demonstrations/Competitions are just around the corner. All teams perform. The CASA Competitions are a "black leotard" competition and girls need to provide their own leotard. Club owned leotards will be provided for the Innovation Competitions. Good luck to all girls and Coaches.

### **CASA May Competitions**—Royalty Theatre, Adelaide

Sub-Junior Navy	Miss Hayley & Miss Caitlin	Tuesday 08 May, 6pm
Intermediates	Miss Hayley	Wednesday 09 May, 7.30pm
Sub-Junior Gold	Miss Caitlin & Miss Hayley	Wednesday 16 May, 6pm
Sub-Junior White	Miss Caitlin	Wednesday 16 May, 6pm
Junior 1 & 2	Miss Lisa & Miss Courtney	Tuesday 22 May, 6pm
Seniors	Miss Hayley	Friday 25 May, 7.30pm

### **Innovation Competitions**—Hopgood Theatre, Noarlunga

Sparkles	Miss Amelia	Saturday 26 May, 10.15am
Tinkerbells	Miss Amelia	Sunday 27 May, 3.30pm
Tinies Navy	Miss Meg	Saturday 26 May, 4pm
Tinies Gold	Miss Amelia	Saturday 26 May, 1pm

### **VOLUNTEERS REQUIRED**

We are looking for some lovely volunteers to help at the May Competitions at the Royalty Theatre on Friday 18 May from 5.30pm. We need 2 volunteers for the canteen and one for door duty. Please email Lisa if you can help [ldbeecken@yahoo.com.au](mailto:ldbeecken@yahoo.com.au). Thank you to the lovely ladies who recently volunteered to help at the Graceful Girl Competitions—Jo, Amelia, Kellie and DJ.

### **COMMITTEE MEETING**

Tuesday 19 June, 7.45pm at the hall. Everyone welcome.

### **MID YEAR CONCERT**

All teams perform at our Concert on Friday 29 June at the Royalty Theatre. The Concert will run in 2 halves:- 6pm—Sparkles, Tinkerbells, Tinies Navy, Tinies Gold, Sub-Junior White and Intermediates

7.30pm (approximately) - Masters, Seniors, Junior 1 & 2, Sub-Junior Navy, Sub-Junior Gold

### **GRACEFUL GIRLS**

Please enjoy the following photos of our beautiful Graceful Girls who are all amazing. Congratulations to each and every one of you and well done to our Coaches who prepared the girls so brilliantly.



**Jessica**  
Tinies Demonstration  
Coach : Miss Amelia



**Eliza**  
Tinies 7 years Competitive  
Coach: Miss Meg



**Tallyn**  
Sub-Junior 8 yrs Div 3  
Coach: Miss Amelia



**Matilda**  
Sub-Junior 8 yrs Div 3  
Coach: Miss Amelia



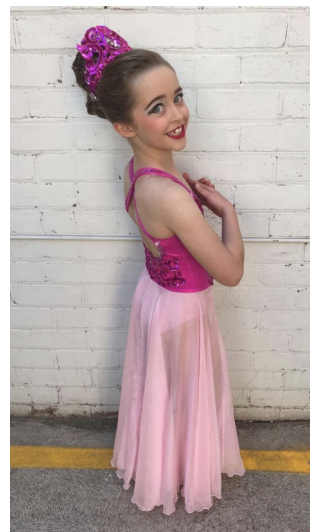
**Natasha**  
Sub-Junior 8 yrs Div 2  
Coach: Miss Charlotte



**Anna**  
Sub-Junior 8 yrs Div 2  
Coach : Miss Charlotte



**Mikayla**  
Sub-Junior 8 yrs Div 2  
Coach: Miss Casey



**Georgia**  
Sub-Junior 8 yrs Div 1  
Coach: Miss Casey



**Zoe**  
Sub-Junior 8 yrs  
Championship  
Coach: Miss Josie



**Jessica**  
Sub-Junior 9 yrs Div 1  
5th Place  
Coach: Miss Caitlin



**Ellie**  
SJ 9 yrs Championship  
4th Place  
Coach: Miss Caitlin



**Melanie**  
Sub-Junior 9 yrs  
Championship  
Coach: Miss Caitlin





**Bree**  
Junior 11 yrs Div 3  
Coach: Miss Amelia



**Leila**  
Junior 11 yrs Div 2  
Coach: Miss Caitlin



**Olivia**  
Junior 11 yrs Div 2  
5th Place  
Coach: Miss Hayley



**Vanna**  
Junior 11 yrs Div 1  
2nd Place  
Coach: Miss Caitlin



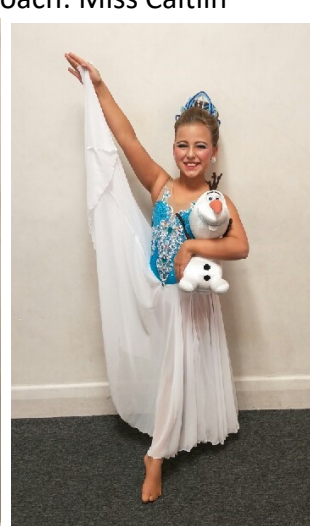
**Lily**  
Junior 11 yrs Div 1  
First Place  
Coach: Miss Caitlin



**Gemma**  
Junior 11 yrs  
Championship  
Coach: Miss Caitlin



**Indiah**  
Junior 12/13 yrs Div 6  
Coach : Miss Courtney



**Maddie**  
Junior 12/13 yrs Div 3  
Coach: Miss Courtney



**Bella**  
Junior 12/13 yrs Div 3  
2nd Place  
Coach: Miss Hayley



**Niki**  
Junior 12/13 yrs Div 1  
Coach: Miss Courtney



**Monique**  
Junior 12/13 yrs Div 1  
Coach: Miss Hayley



**Tiana**  
Intermediate 14 yrs Div 1  
4th Place  
Coach: Miss Hayley



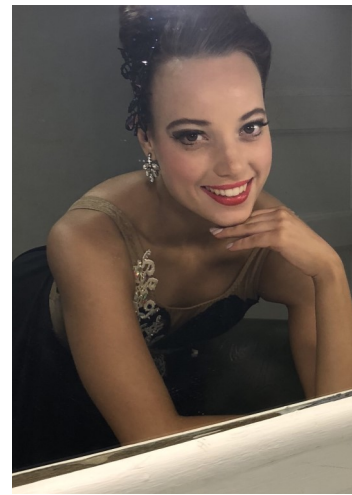
**Erin**  
Senior Div 1  
Coach: Miss Hayley



**Caitlin**  
Senior Div 2  
3rd Place  
Coach: Kayla



**Charlotte**  
Senior Div 3  
4th Place



**Pip**  
Senior Div 3  
Coach: Miss Courtney

### **ENTERTAINMENT BOOKS**

We are selling Entertainment Books should you wish to purchase one. Follow the link to purchase: <http://www.entbook.com.au/912s269>

### **BUNNINGS BBQ FUNDRAISER**

Thank you to our wonderful helpers who made this such a successful fundraiser: Kelly (co-ordinator), Nic, Peter, Tracy, Niki, Kellie, Steve, Abbey, Monica, Louise, Kelly, Alana, Sandy, Patrick, Michael and Jack.

### **TERM 2 FEES**

Sparkles and Tinkerbells	\$70	plus costumes	\$90
Tinies Navy and Gold	\$95	plus costumes	\$110
Sub-Juniors	\$112	plus costumes	\$122
Juniors	\$135	plus costumes	\$250
Intermediates	\$128	plus costumes	\$158
Seniors	\$151	plus costumes	\$180
Masters	\$110		

**It is that time of the year when costumes are being made. Please help out your Costume Co-Ordinator where-ever possible. We do try to keep sewing to a minimum however there are always bits and pieces, that if we all work together, can be done quicker.**

Plympton Halifax aims to reduce the labour associated with costumes with most sets of leotards hired from the Club. The costume fee includes a hire of leotards for competitions and one costume that will be owned by the participant (2 costumes in the Junior section). The costume fee is not a set amount but rather a general guide as to the approximate cost to expect per age group. Members will be invoiced for the total balance of the costume later in the year. The costume fee also includes a hire of clubs, rods, shoes, wigs and props.

Electronic transfer is our preferred payment method.

EFT –use your daughter’s name as the reference (include team name if room)

Please email a copy of the transaction to the Club Treasurer, [treasurer@plymptonhalifax.org.au](mailto:treasurer@plymptonhalifax.org.au) and also advise your Team Manager.

Plympton Halifax CC    BSB: 065 126    Account Number: 0090 3451



**Bec**  
Seniors  
Coach: Miss Courtney



# 2018 JUNIOR BALLARAT TEAM

## GARAGE SALE

Thanks to everyone who donated towards our recent Garage Sale. As you can see at the hall we have lots of gear left over so we are having another one. If you didn't get a chance to clean out your cupboards we are still taking donations!!!! The next Garage Sale is **Saturday 12 May**.

## MOVIE NIGHT

**Saturday 26 May, 6pm at the hall**

6.15pm—Ballerina and 8.10pm— The Greatest Showman

Come in your pyjamas (optional) and bring a bean bag or cushion to sit on. Tickets are \$10 including a light supper. Please contact Tracy for tickets [tracystamou@gmail.com](mailto:tracystamou@gmail.com)

## QUIZ NIGHT

**Saturday 23 June at the Glenelg North Community Centre**

There will be questions, raffles, silent auction and plenty of entertainment as we have past PHCC member and Chunky Custard front lady Becky Blake being MC. BYO Food and drink. \$20.00 per head. Please see your team facebook pages to purchase tickets or email [Jo.johill@adam.com.au](mailto:Jo.johill@adam.com.au)

## MAJOR SPONSOR

We thank our major sponsor Balance Home Services.

Balance Home Services (formerly DIAL AN ANGEL ADELAIDE) provides individualised care and support to our clients, from newborns to the elderly, assisting them to achieve balance in their lives. A family-owned business, we are dedicated to supporting our local communities with an unparalleled level of service and care. We are proud of our friendly and experienced staff and fantastic reputation developed over the last 13 years while operating as DIAL AN ANGEL ADELAIDE. Balance Home Services specialises in providing support in the areas of disability care, aged care services, community nursing, child care services, household services including shopping and cleaning and gardening. Balance Home Services is an approved provider of services through the NDIS. We are known for our flexibility in working with the individual needs of our clients – from providing services by the hour or an as-needed basis, to providing 24-hour support. The quality and reliability of our services is our highest priority, made possible by our compassionate and expert office and field staff.

Ph: 8388 3433 Email: [enquiries@balancehomeservices.com.au](mailto:enquiries@balancehomeservices.com.au)



## COMMUNITY LOTTERY

Our Masters Team is travelling to compete in the Pan Pacific Games in November so by buying a ticket in the Community Lottery you will be supporting both teams travelling interstate.

Please visit the link below if you would like to purchase a ticket.

<https://www.peopleschoicecu.com.au/plympton-halifax-calisthenic-club->