

# PLYMPTON HALIFAX CALISTHENICS CLUB

*Newsletter - January Edition 2020*




Plympton Halifax  
Calisthenics Club



@plymptonhalifaxcc

## WELCOME TO PHCC 2021

It seems like only yesterday that I was writing the 2020 January newsletter with so much excitement and anticipation for the year ahead. Twelve months ago, none of us knew what 2020 would hold, but, we got through it and I believe as individuals and as a Club we are all stronger and more resilient than ever. We now continue to live in a world of uncertainty and know that at any time things could change. But the only thing certain is uncertainty, so we must keep pressing on. I hope that 2021 is another successful year for our Club.



I have recently met with our Coaches to plan 2021. Each Coach is looking forward to seeing everyone again and beginning the calisthenics year. 2021 sees a few changes to our coaching team. I would like to thank Hayley Edwards who has coached in our Sub-Junior section for many years for her dedication to the growth and development of our younger girls. I am looking forward to joining the Sub-Junior section and co-coaching with Jaclyn DeLaine our Sub-Junior Gold team. Thank you to Josie Kerr for coaching the Juniors in 2020. I welcome Caitlin Carroll, Amelia DeLaine and Jaclyn DeLaine to the Junior coaching team.

Attached is the 2021 fee sheet. Please take the time to look over it. There has been no increase in fees, registration or costumes for 2021. Please note that the entire \$100 registration is forwarded to the Calisthenics Association of South Australia for affiliation fees – CASA registration, public liability, personal accident, copyright and Royalty Theatre levy. Without payment of this fee your daughter is not insured and therefore NOT able to train. Registration including medical information is to be completed online via the following link

<https://www.plymptonhalifax.org.au/registration>

We encourage you to pay for registration via your Sports Voucher (Primary School aged children), which needs to be attached when completing the form.

Facebook is our main form of communication. You will find us on Facebook 'Plympton Halifax Calisthenics Club', and also on Instagram plymptonhalifaxcc.

Each team also has their own private Facebook group to share team details and the very important practice videos. If you are not yet a member of your daughter's team page, please speak with your team manager.

At any time throughout the year should you have any questions, queries or concerns please do not hesitate to contact me. I am looking forward to seeing everyone back at the hall for a wonderful 2021. What will it bring I wonder!?

Regards,  
Lisa Beecken  
Coach Co-Ordinator  
0438 808 967 or [ldbeecken@yahoo.com.au](mailto:ldbeecken@yahoo.com.au)



## TERM ONE FEES ARE DUE

REGISTRATION: \$100.00 +TEAM FEES BELOW

SPARKLES AND TINKERBELLS: \$70.00

TINIES: \$100

SUB-JUNIORS: \$120.50

JUNIORS: \$145.00

INTERMEDIATES: \$145.00

SENIORS: \$155.50

MASTERS: \$132.50

Our preferred payment method is EFT.

BSB: 065-126

ACC NO: 0090 3451

Reference: Daughters name and team e.g. 'Charlotte – Seniors'.

Want to receive a discount? Pay for the whole year at the first lesson. The total includes discounted term fees, registration and costumes. It does not include Annual Concert costume, practice aesthetic skirt and extra costumes if applicable.

SPARKLES/TINKERBELLS: \$438.00

TINIES: \$538.00

SUB-JUNIORS: \$644.00

JUNIORS: \$730.00

INTERMEDIATES: \$721.00

SENIORS: \$741.00

MASTERS: \$530.50

Heard of the SPORTS VOUCHER? The Sports Vouchers program from the Government of South Australia administered by the Office of Recreation and Sport is ongoing in 2021. The program provides an opportunity for Primary School aged children from Reception to Year 7 to receive \$100 toward fees on a sport of their choice.

[https://www.sportsvouchers.sa.gov.au/\\_\\_data/assets/pdf\\_file/0016/30742/2021Voucher.pdf](https://www.sportsvouchers.sa.gov.au/__data/assets/pdf_file/0016/30742/2021Voucher.pdf)

The voucher can only be used ONLY for PHCC registration or toward Term 1 fees. If the Sports Voucher is used for registration it is to be send with your PHCC online registration form.

If used for payment of Term One fees email: [treasurer@plymptonhalifax.org.au](mailto:treasurer@plymptonhalifax.org.au)

# COMING UP IN 2021

## AGM

Thursday 28 January, 7pm @ PHCC Hall.  
New committee members are always  
welcome!

## STRENGTH & FLEX CLASSES

DATE: Starting Saturday 30 January @  
the Church of the Good Shepherd,  
11 Clayton Ave, Plympton

10+ years: 8.30-9.30am & 6-9 years: 9.30-10.30am

Cost: \$12 per lesson

Book Now: <https://www.trybooking.com/BNUCS>

## BRING A FRIEND TO CLASS

DATES for each team below.

Tinkerbells and Tinies Navy: Saturday 6 February

Sub-Juniors: Monday 08 February

Sparkles and Tinies Gold: Wednesday 10 February

## POOL DAY

DATE: Sunday 28 February, 1:45pm @  
Marion Outdoor Pool.

You need to book online 7 days prior.

## CALI CAMP

DATE: 15 and 16 April @ Nunyara, Belair  
Costs and more information to come.

## TEAM COMPETITIONS

All dates are tentative at this stage.

### MAY COMPETITIONS

DATE: 10-28 May @ Royalty Theatre for Sub-Juniors,  
Juniors, Intermediates and Seniors.

### INNOVATION TINIES COMPETITIONS

DATE: 29 or 30 May @ the Hopgood Theatre for Sparkles, Tinkerbells, Tinies Navy and Tinies Gold.

### CASA STATE COMPETITIONS

DATE: 31 July – 29 August @ Royalty Theatre – all teams.\*  
7 August—Sub-Junior Navy and Gold Teams (Championship)  
14 August—Junior Teams 1, 2 and 3 (Championship)  
20 August—Intermediate Team 1 and 2 (Division 1)  
27 August—Seniors (Division 1)

\* Sparkles, Tinkerbells, Tinies Navy, Tinies Gold and Masters dates not released yet.

## GRACEFUL GIRLS - GOOD LUCK

Good luck to all our girls and coaches as they prepare over the upcoming weeks for Regional and CASA Competitions.

TINIES: Alana, Charlie, Isabella, Saoirse, Scarlett, Victoria, Zara.

SUB-JUNIORS: Annika, Ebony, Eliza, Elise, Ivy, Maddison, Mali, Sofia.

JUNIORS: Angelina, Chloe W, Ellie, Jessica, Lexi, Lilah, Maddi Z, Maeve, Mikayla, Matilda, Scarlett, Tallyn, Tash.

INTERMEDIATES: Bree, Chloe, Gemma, Leila, Lily, Maddie B, Niki, Olivia, Ruby, Sayuri, Vanna, Tiana.

SENIORS: Charlotte, Erin.

MASTERS: Stacey.

If you wish to purchase an Aesthetic skirt please do so via our PHCC Online Shop - PayPal/Credit card. All Juniors, Intermediates and Seniors will require a skirt for team practise.

<https://www.plymptonhalifax.org.au/merchandise>

## PUPIL SKILLS - CONGRATULATIONS

Congratulations to all girls who successfully passed their exams in December 2021. Apologies to Olivia Raestas whose name was missed from the previous newsletter and passed Grade 2.

Good luck to Vanna and Maddi for their upcoming exams.

## HOT WEATHER POLICY

Classes are cancelled if the temperature broadcast on Channel 9 News the night before is 36C or above.

## NEW TRACKSUIT

We have a new tracksuit coming in 2021 - watch this space!!!



Your Common Area Facilities Specialists!!

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