## PLYMPTON HALIFAX CALISTHENIC CLUB

## NEWSLETTER—MARCH 2018

We hope everyone has enjoyed their first few calisthenic lessons for 2018. An extra special welcome to our new members. We hope you all enjoy your time at Plympton Halifax CC.

Our AGM was held early in the term and welcome to our new committee:-

#### 2018 COMMITTEE

President: position vacant
Vice President: Di Carroll
Secretary: position vacant
Treasurer: Alison Sheridan
Coach Co-Ordinator: Lisa Beecken

Child Protection Officer: Josie Kerr 0411 299 558

Meg Allison, Kaye DeLaine, Loreta Fallavollita, Bronwyn Marshall, Sandy McAppion, Kelly McAvaney, Sue McAvaney, Lani Millar, Pauline Smitheram, Tracy Stamou, Anita Young

A special thanks to our retiring Treasurer, Pauline Smitheram, for the enormous amount of hours she has dedicated to the role and always with a smile. Your hard work and patience has been greatly appreciated.

The following ladies are your Team Managers:-

Sparkles Kelly Klau

Tinkerbells

Tinies Navy Amelia Mislov Tinies Gold Kate Colyer Sub-Junior Navy & Gold Josie Kerr Sub-Junior White Kelly McAvaney Lani Millar Junior 1 and 2 Intermediates Loreta Fallavollita Seniors Meg Allison Masters Josie Kerr

Thank you to those who helped at Westfield Marion Shopping Centre on our stand at the start of the term - Amelia, Jaclyn, Meg, Di, Deb Maddie, Taylor, Maddi, Carmen, Lily, April and Anita. A big thank you to Kim who for many years has donated his time and scaffolding at our Marion promotions.

A number of girls and mums attended the Pool Day at Marion pool. On this day we learnt what House we were in. On Sunday 15 April we will be having a Games Night from 5-7pm where you will get to know other members. The House members were posted on the individual team facebook pages.

The Beach House fundraiser was lots of fun and thank you to those who supported it—another great social catch up.

Graceful Girl season is well underway and many of our girls and coaches have been training very hard. As the girls enter regional and CASA competitions we wish them good luck.

Tinies Eliza, Jessica, Sofia

Sub-Juniors Anna, Ellie, Georgia, Jessica, ,Matilda, Melanie, Mikayla,

Natasha, Tallyn, Zoe

Juniors Bree, Bella, Gemma, Indiah, Leila, Lily, Maddie, Monique,

Niki, Olivia, Vanna

Intermediates Tiana

Seniors Bec, Caitlin, Charlotte, Erin, Pip

Look out for the results on Facebook.

Facebook is one of our main ways of communication so please ensure you are part of your Team FB page and like our Club page. These pages are for Club and team information and practise videos so please do not post individual notices (class absence etc—please notify your team manager or private message your coach).

## **BUNNINGS BBQ FUNDRAISER**

This is our major fundraiser for 2018 and we are seeking your assistance!!!

If you are able to help please email Kelly McAvaney kellymcavaney@internode.on.net

Saturday 28 April

Timeslots: 8.30-10.30am, 10.30-12.30pm, 12.30-2.30pm, 2.30-4.30pm

## **ENTERTAINMENT BOOKS**

These are available for sale. Log onto the following link:https://www.entertainmentbook.com.au/orderbooks/912s269

## **JUNIOR BALLARAT TEAM 2018**

Our Junior team is travelling to compete in Ballarat later in the year and is holding a <u>Garage Sale</u> fundraiser on

Saturday 14 April.

Any donations of almost anything (no electrical) would be greatly appreciated.

### **DATES FOR YOUR DIARY**

Tuesday 10 April	<b>Committee Meeting</b>
Saturday 14 April	Junior Ballarat Team Garage Sale
Sunday 15 April 5pm	House Games Night—ALL GIRLS
Saturday 28 April	<b>Bunnings BBQ Fundraiser</b>
Tuesday 08 May	<b>Sub-Junior Navy May Competitions</b>
Wednesday 09 May	<b>Intermediate May Competitions</b>
Wednesday 16 May	<b>Sub-Junior Gold and White May Competitions</b>
Monday 21 May	Junior May Competitions
Saturday 26 & Sunday 27 May	<b>Innovation Competitions/Demonstrations</b>
	—Sparkles, Tinkerbells, Tinies Navy and Gold
28, 29 July, 2,5 August	CASA Competitions/Demonstrations
	—Sparkles, Tinkerbells, Tinies Navy & White
Friday 10 August	CASA Division 1 Competitions—Sub-Junior Navy
Saturday 18 August	CASA Championship Competitions—Juniors Team 1 & 2
Friday 24 August	CASA Division 1 Competitions—Intermediates

#### TERM ONE 2018 FEES

Our preferred payment method is online. BSB 065-126 A/C 0090 3451

Please email receipt to treasurer@plymptonhalifax.org.au and your Team Manager. Use your daughter's name and team as reference.

REGISTRATION	\$82.00
Plus	
SPARKLES AND TINKERBELLS	\$70.00
TINIES	\$95.00
SUB-JUNIORS	\$112.00
JUNIORS	\$135.00
INTERMEDIATES	\$128.00
SENIORS	\$151.00
MASTERS	\$110.00

# 2018 JUNIOR BALLARAT TEAM SPONSOR



Balance Home Services (formerly DIAL AN ANGEL ADELAIDE) provides individualised care and support to our clients, from newborns to the elderly, assisting them to achieve balance in their lives. A family-owned business, we are dedicated to supporting our local communities with an unparalleled level of service and care. We are proud of our friendly and experienced staff and fantastic reputation developed over the last 13 years while operating as DIAL AN ANGEL ADELAIDE. Balance Home Services specialises in providing support in the areas of disability care, aged care services, community nursing, child care services, household services including shopping and cleaning and gardening. Balance Home Services is an approved provider of services through the NDIS. We are known for our flexibility in working with the individual needs of our clients – from providing services by the hour or an as-needed basis, to providing 24-hour support. The quality and reliability of our services is our highest priority, made possible by our compassionate and expert office and field staff.

Ph: 8388 3433

Email: enquiries@balancehomeservices.com.au