

PLYMPTON HALIFAX CALISTHENIC CLUB

NEWSLETTER—MARCH 2017

We hope everyone has enjoyed their first few calisthenic lessons for 2017. An extra special welcome to our new members and our newly formed Masters team. We hope you all enjoy your time at Plympton Halifax CC.

Our AGM was held early in the term and welcome to our new committee:-

2017 COMMITTEE

President : Josie Kerr

Vice President : Di Carroll

Secretary : Julie Allison

Treasurer : Pauline Smitheram

Coach Co-Ordinator : Lisa Beecken

Child Protection Officer : Josie Kerr 0411 299 558

Meg Allison, Kaye DeLaine, Loreta Fallavollita, Bronwyn Marshall, Courtney Marshall, Sandy McAppion, Kelly McAvaney, Sue McAvaney, Lani Millar, Alison Sheridan, Tracy Stamou, Anita Young

The following ladies are your Team Managers:-

Sparkles	Kelly Klau
Tinkerbells	
Tinies Navy	Kelly McAvaney
Tinies White	Josie Kerr
Tinies Gold	Josie Kerr
Sub-Junior Navy	DJ
Sub-Junior Gold	DJ
Sub-Junior White	Kate Colyer
Junior 1 and 2	Lani Millar
Intermediates	Loreta Fallavollita
Seniors	Courtney Marshall
Masters	

We are always looking to promote our wonderful sport and Club so please let us know if you have any fresh ideas. We are always keen to come to kindergartens and present our “cali kindy” sessions. The session is 30 minutes and it’s free! Let us know if you would like us to come to your kindy.

Thank you to those who helped at Westfield Marion Shopping Centre on our stand at the start of the term - Courtney, Josie, Amelia, Hayley, Caitlin, Meg, Alison and Julie. Special thanks to Kym who loans us his scaffolding for each promotion.

Unfortunately we have had a number of lessons cancelled due to the hot weather. Your Coaches will let you know when these lessons will be rescheduled.

Graceful Girl season is well underway and many of our girls and coaches have been training very hard. As the girls enter regional and CASA competitions we wish them good luck.

Tinies	Eliza, Georgia, Gretel, Lottie, Matilda, Natasha, Tallyn, Zoe
Sub-Juniors	Bree, Ellie, Gemma, Jessica, Leila, Lily, Maddie, Melanie, Vanna
Juniors	Bella, Camila, Maddie, Monique, Niki
Intermediates	Illandra
Seniors	Caitlin, Charlotte, Erin

Look out for the results on Facebook.

Each year CASA take Development Teams to Darwin. If you daughter is interested in this selections for the 2017 Sub-Junior, Junior and Intermediate teams is Sunday 12 March. Please chat with your Coach and go to the Calisthenics SA website for more information.

Facebook is one of our main ways of communication so please ensure you are part of your Team FB page and like our Club page.

If you have any questions or queries throughout the year please do not hesitate to speak to your Team Manager or contact me directly.

Thanks.....Lisa Beecken—0438 808 967

PHCC CAMP 2017 – Sub-Juniors, Juniors, Intermediates

When: Wednesday 19th – Friday 21st April 2017

Where: Woodhouse, 37 Spring Gully Road, Piccadilly

Time: Each team will have a different arrival time between 2-5pm

Pick up – 9am Friday EVERYONE

Cost: \$100.00

Parents are welcome at the same cost

**Please advise your Team Manager once payment has been made
and start thinking about your 'Talent Night' item!! (Mums too)**

TINIES DAY TRIP

Tinies, Sparkles & Tinkerbells

are invited to come and spend the day at Woodhouse on

Thursday 20th April, 10.30am-4.00pm

**to enjoy some fun activities, a shared lunch
and maybe a quick practise if we can fit it in.**

Cost \$20.00

CANS FOR CAMP

We have soft drink cans and bottles of water available for sale in the fridge in the kitchen at the hall. It is an honesty system and all drinks are \$1.50. Please place all recycling in the pink bin in the foyer. The money from these cans will go directly towards camp costs. If you would like to donate some of your own cans for recycling please drop at the hall!

MERCHANDISE EVENING

On **Wednesday 08 March from 5-6pm** please pop down to the hall if you would like to order a polo shirt, tracksuit, hoodie or bodysuit. There will be a full range of sizes available for girls to try on. Whilst we loan to our Sparkles, Tinkerbells, Tinies and Sub-Juniors a Club tracksuit for competition day, we do encourage girls to purchase their own.

BUNNINGS BBQ FUNDRAISER

This is our major fundraiser for 2017 and we are seeking your assistance!!! If you are able to help please email Lisa ldbeecken@yahoo.com.au

Sunday 19 March

Timeslots: 8.30-10.30am, 10.30-12.30pm, 12.30-2.30pm, 2.30-4.30pm

ROYALTY THEATRE VOLUNTEERS

At CASA Competitions held throughout the year our Club is required to supply volunteers to help on door duty, in the canteen and in the dressing room. Generally we need to provide 4 volunteers 4 times a year. Our first 2 dates for helpers are : Saturday 29 April, 4.30pm and Wednesday 10 May 5.30pm. If you are able to help out please let Lisa know. We greatly appreciate all our volunteers.

PEOPLE'S CHOICE CREDIT UNION COMMUNITY LOTTERY

Click on the link to purchase tickets online

www.peopleschoicecu.com.au/plympton-halifax-calisthenic-club-

ENTERTAINMENT BOOKS

These will be available for sale shortly.

Thank you
Complete Maintenance Services
(Gemma and Natasha Sheridan's Family)
for cleaning our hall floors.
We greatly appreciate this service.



TERM ONE 2017 FEES

There are two payment options: Yearly or by the Term. Please see the Team Information sheet for the Yearly cost. The yearly payment offers a 15% discount on the Term fees.

Our preferred payment method is online.

BSB 065-126

A/C 0090 3451

Please email receipt to treasurer@plymptonhalifax.org.au and your Team Manager. Use your daughter's name and team as reference.

REGISTRATION	\$82.00
Plus	
SPARKLES AND TINKERBELLS	\$70.00
TINIES	\$80.00
SUB-JUNIORS	\$99.00
JUNIORS	\$120.00
INTERMEDIATES	\$120.00
SENIORS	\$132.00
MASTERS	\$100.00

DATES FOR YOUR DIARY

Monday 03 April, 7.30pm

Saturday 03 and Sunday 04 June

8-31 May

Saturday 24 June, time TBA

22, 23, 29, 30 July

Friday 04 August

Friday 11 August

Friday 01 September

Committee Meeting

Innovation Competitions/Demonstrations

—Sparkles, Tinkerbells, Tinies Navy, Gold and White

May Competitions

—Sub-Juniors, Juniors, Intermediates, Seniors

Mid Year Concert—ALL teams

CASA Competitions/Demonstrations

—Sparkles, Tinkerbells, Tinies Navy & White

CASA Division 1 Competitions—Sub-Junior Navy

CASA Division 1 Competitions—Juniors Team 1

CASA Division 1 Competitions - Seniors

SPONSORS OF OUR 2016 SUB-JUNIOR BALLARAT



- Kitchens
- Laundries
- Wardrobes

Ben 0419858760

Laube Cabinets

For all your cabinetry requirements ranging from

- New kitchens
- Laundries
- Linens
- Built in robes

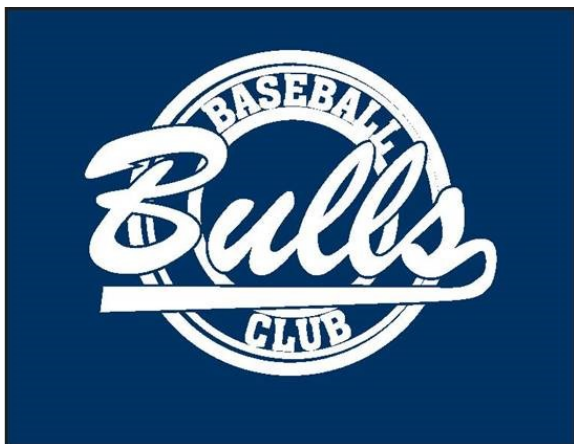
Contact Ben for a free measure and quote on 0419 858 760.

Jim's Financial Services

- Home Loans and Investment
Loans

- Car Finance
- Business Finance
- Financial Planning
- Superannuation
- Life and Income Protection
- Retirement Planning

Contact Paul and Aaron on 0405107 042.



The Bulls Baseball Club was formed in 1976 and its' "primary" demographic is 35 – 55 year old males and females. The winter season typically starts in late April and runs through to early September, spanning 16 regular season games and 3 finals rounds. For further information contact Jamie 0411 577 499



we get patients™

