

# PLYMPTON HALIFAX CALISTHENIC CLUB

## MARCH NEWSLETTER 2019

We hope everyone has enjoyed their first few calisthenic lessons for 2019. An extra special welcome to our new members. It has been very unlucky that so many lessons have been cancelled due to hot weather however your Coaches will make them up! We hope you all enjoy your time at Plympton Halifax CC.

Our AGM was held early in the term and welcome to our new committee. It's not too late to join our committee and we are happy to welcome more members. The next committee meeting is Tuesday 30 April at 7.30pm.

### 2019 COMMITTEE

President : Josie Kerr  
Vice President : Di Carroll  
Secretary : Julie Allison  
Treasurer : Alison Sheridan  
Coach Co-Ordinator : Lisa Beecken  
Child Protection Officer : Josie Kerr 0411 299 558  
Meg Allison, Cassie Bennier, Jaclyn DeLaine, Kaye DeLaine, Courtney Hill,  
Vanessa Laube, Sandy McAppion, Kelly McAvaney,  
Sue McAvaney, Tracy Stamou

*A big thank you to Pauline Smitheram and Bronwyn Marshall who have retired from the committee after many many years of service. Both these ladies have contributed to many different roles within the Club.*

*Their willingness to take on any task has been remarkable  
and so valuable to our Club and the progress and success of it.  
I am sure both ladies will still be familiar faces around the Club.  
Thank you for everything Pauline and Bronwyn.*

Thank you to the following ladies who have volunteered for Team Manager and Costume Manager roles. Julie Allison will work closely with all the Costume ladies.

	<u>Team Manager</u>	<u>Costume Manager</u>
Sparkles	Michelle Kerr	Frances Eig
Tinkerbells		
Tinies Navy	Jodie Dichiera	Catherine Rowland
Tinies Gold	Kate Coyler	
Sub-Junior Navy	Josie Kerr	Josie Kerr
Sub-Junior Gold	Kate Coyler	Kelly McAvaney
Sub-Junior White	Kellie Shannon	Stacey Mia
Junior 1 and 2	Vanessa Laube & Lani Millar	Julie Allison
Intermediates	Susan Abela	
Seniors	Meg Allison	Julie Allison
Masters	Sandy McAppion	

### WESTFIELD MARION SHOPPING CENTRE PROMOTION

Thank you to those who helped at Westfield Marion Shopping Centre on our stand at the start of the term – Lisa, Hayley, Meg, Casey, Di, Josie, Jaclyn and Amelia.

### GRACEFUL GIRLS

Graceful Girl season is well underway and many of our girls and coaches have been training very hard. As the girls enter regional and CASA competitions we wish them good luck. Look out for results on facebook.

Tinies: Jessica, Lexi, Sophie

Sub-Juniors: Ellie, Georgia, Lexi, Maeve, Matilda, Melanie, Mikayla, Tallyn, Tash, Zoe

Juniors: Bree, Gemma, Indiah, Lily, Maddie, Niki, Olivia, Vanna

Intermediates: Monique, Tiana

Seniors: Caitlin, Charlotte, Eleanore, Pip

## **POOL DAY**

A number of girls, coaches, mums and dads attended the Pool Day at Marion. The weather was fabulous and it was a fun day had by all!



## **MAY COMPETITIONS**

These are a “black leotard” competition. Girls need to supply their own leotard. Please check with your Team Manager to ensure you have the correct leotard. The competitions are held at the Royalty Theatre, 65 Angas Street, Adelaide

Tuesday 07 May, 7.30pm

Friday 10 May, 6pm

Thursday 16 May, 6pm

Thursday 16 May, 6pm

Tuesday 21 May, 7.30pm

Friday 24 May, 6pm

Friday 24 May, 7.30pm

Intermediates – Miss Hayley

Sub-Junior Navy – Miss Caitlin

Sub-Junior Gold – Miss Hayley

Sub-Junior White – Miss Meg and Miss Casey

Seniors – Miss Courtney

Junior 2 – Miss Casey

Junior 1 – Miss Lisa (all Juniors)

## **INNOVATION COMPETITIONS**

Our Sparkles and Tinkerbells perform in a Demonstration and the Tinies Gold and Tinies Navy will compete. These competitions are held at the Hopgood Theatre at Noarlunga. They are on 25 and/or 26 May. We do not have specific dates or times yet.

## **ROYALTY THEATRE VOLUNTEERS**

We are seeking some volunteers to help at the Royalty Theatre on the door and in the canteen. You will require a DCSI check. Please contact Lisa if you do not have a DCSI and also to volunteer –

[ldbeecken@yahoo.com.au](mailto:ldbeecken@yahoo.com.au)

Tuesday 16 April, 5.30-9pm

Friday 17 May, 5.30-9pm

## **CLUB CAMP**

This year our whole Club will be going on camp to Nunyara Conference Centre, 5 Burnell Drive, Belair on Saturday 01 June. More details re arrival, departure times and cost will be posted on your team facebook pages soon. Sparkles, Tinkerbells, Tinies Navy and Tinies Gold are invited for the afternoon and evening dinner and games. We can't wait to have our whole Club together!

## **MID YEAR CONCERT**

Our whole Club will perform in our Mid Year Concert on Friday 21 June at the Brighton High School Performing Arts Theatre. Pop this date in your diary!

## **FACEBOOK**

Facebook is one of our main ways of communication so please ensure you are part of your Team FB page and like our Club page. These pages are for Club and team information and practise videos so please do not post individual notices (class absence etc—please notify your team manager or private message your coach).

## **TERM ONE 2019 FEES**

Our preferred payment method is EFT.

BSB 065-126 A/C 0090 3451

Please email receipt to [treasurer@plymptonhalifax.org.au](mailto:treasurer@plymptonhalifax.org.au) and your Team Manager.

REGISTRATION	\$ 97.00
<b>PLUS</b>	
SPARKLES AND TINKERBELLS	\$ 70.00
TINIES	\$ 95.00
SUB-JUNIORS	\$112.00
JUNIORS	\$132.00
INTERMEDIATES	\$132.00
SENIORS	\$148.00
MASTERS	\$132.00

*All Tinies, Juniors, Intermediates and Seniors require an aesthetic skirt:*

*Tinies and Sub-Juniors \$35, Juniors and Intermediates \$40 and Seniors \$50.*



**BA**LANCE  
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**Hurry! Bonus Early Bird Offers. Limited Time Only.**

## **Plympton Halifax Calisthenics Club is fundraising with Entertainment!**

Your support really helps our fundraising, so we're thrilled to let you know about special bonus Early Bird Entertainment Membership Offers for loyal supporters.

**Pre-order the NEW 2019 | 2020 Entertainment Membership and receive bonus offers you can use right away!**

**SUPPORT US NOW.**

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*"The Entertainment Membership is great value. With lots of instant savings. It more than outweighs the price. There is something for everyone – casual and fine dining, adventure and family activities. I couldn't live without it. Plus, I get to support a good cause." – Zana B. Sydney*

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