

PLYMPTON HALIFAX CALISTHENIC CLUB

NEWSLETTER—JANUARY 2018



Welcome to the 2018 calisthenic year! I hope you have enjoyed the break and are looking forward to a fabulous year. It is shaping up to be a busy year with lots of dates already confirmed. Please see the attached "Diary Dates".

As the year commences it is the perfect time to bring a friend along and see what calisthenics is all about!! The first two lessons are free. Listed below are the start dates.

If your daughter is at Kindergarten please let me know as one of our Coaches would love to come along and do a fun presentation. I am always looking for new ways to promote our Club so suggestions are welcome.

During the break some changes have occurred to our coaching team. Congratulations to Emma Allison who has secured a job in Melbourne and thank you for your contribution to our Sparkles and Sub-Junior White teams in 2017. We will all miss you and wish you every success. Miss Amelia will be coaching the Sparkles team. In 2018 Caitlin Carroll will not be coaching the Wednesday Tinies team. We thank her for contribution to this section for the past few years. Miss Caitlin will continue coaching in the Sub-Junior section.

Casey Allison has worked very hard to complete our new website. We would like to thank her for the time and effort she has spent preparing it and also for the future time she will spend on it!!!! A very big thank you to Mike Canty who created our very first website and has maintained it ever since. The hours and hours he has spent working on it is greatly appreciated. I am sure he will not miss receiving my many many emails for updates!! Thanks Mike.

Registration and Medical forms are to be completed electronically on the following link on our new website:
<https://www.plymptonhalifax.org.au/copy-of-registration>

Accompanying the form is to be the registration fee of \$82. This needs to be paid online and then a copy of your receipt emailed with the form. Registration is due at the first lesson ensuring girls are covered by insurance.

A copy of our Club fee sheet is attached and also available on the website.

I looking forward to seeing you all soon for what will be a great 2018—Kind regards, Lisa Beecken

TEAM	Age in 2018	DATE	TIME	COACH
TINKERBELLS (non competitive)	3-7years	Saturday 03 February	9-10am	Amelia DeLaine
SPARKLES (non competitive)	3-7years	Wednesday 31 January	4-5pm	Amelia DeLaine
TINIES NAVY	6-7years	Saturday 03 February	10-11.30am	Meg Allison
TINIES GOLD	6-7years	Wednesday 31 January	5-6.30pm	Amelia DeLaine
SUB-JUNIORS	8-10years	Monday 29 January	4.30-6.30pm	Hayley Edwards Caitlin Carroll Meg Allison
JUNIORS	11-13years	Tuesday 30 January	4.30-7pm	Lisa Beecken Courtney Hill
INTERMEDIATES	14-16years	Tuesday 30 January	7-9pm	Hayley Edwards
SENIORS	17 years+	Monday 15 January	6.30-9.30pm	Hayley Edwards
MASTERS	26 years+	Wednesday 28 February	6.30-8pm	Josie Kerr

ANNUAL GENERAL MEETING

Tuesday 06 February, 8pm at the hall

We are always looking for new members to join our committee.

Meetings are held every second month.

Please come along!

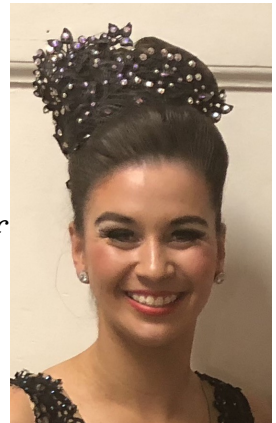


2018 NATIONAL TEAM

Congratulations to Illandra who has been selected in the 2018 South Australian Intermediate National Team and will compete in Canberra in July this year.

Miss Caitlin is again the Second Assistant Coach of the South Australian Sub-Junior National Team.

We wish both girls all the best for this amazing opportunity and wonderful experience.



PUPIL SKILLS

Congratulations to our Sub-Juniors who passed their Class exams in December 2017:

Test One— Kiara, Maeve, Georgia, Gabriela, Marissa, Natasha, Anna, Lexi, Angelina, Mikayla, Chloe, Willow, Emelia, Azelia, Matilda, Yudi, Grace, Zoe, Tallyn, Grace

Test Two – Caitlin, Belinda, Taylor, Ellie, Jessica, Georgia, Zaylia, Caitlin, Kira, Maddie, Melanie, Jasmine, Siena, Juliett

Test Three – Izabella, Chloe, Jessica, Leila

Good luck to the following girls who will be sitting their exams in February:

Illandra and Tiana (Grade 3), Monique (Grade 2), Bree, Camila, Gemma, Leila, Lily, Olivia and Vanna (Grade One).

WESTFIELD MARION SHOPPING CENTRE PROMOTION

We need your help—we again have the opportunity to promote our wonderful sport and Club with a promotional stand outside of K-mart at Westfield Marion. We would love some volunteers to “woman” the stand and answer queries and hand out brochures.

Timeslots are :

Saturday 03 February – 9-11am, 11-1pm, 1-3pm, 3-5pm

Sunday 04 February— 11-1pm, 1-3pm, 3-5pm

Please email Lisa if you can help

ldbeecken@yahoo.com.au



BEACH HOUSE FUNDRAISER

Come along and celebrate the start of the new calisthenic year with your teammates

Friday 02 March 6-8pm—\$25 per person

Lock in!



MERCHANDISE EVENING

On **Monday 12 February 6-7pm** we will holding a “Merchandise Evening” at the hall where you will be able to order polo shirts, tracksuits, bodysuits, tank tops and costume bags. There will be a full range of sizes available for girls to try on. Whilst we loan to our Sparkles, Tinkerbells, Tinies and Sub-Juniors a Club tracksuit for competition day, we encourage girls to purchase their own to wear to class.

HOT WEATHER POLICY

“Classes are cancelled if the temperature broadcast on Channel 9 News the night before is 36C or above.”

Facebook is our means of communication so please check for updates re the hot weather policy



TERM ONE 2018 FEES

Our preferred payment method is EFT.

BSB 065-126 A/C 0090 3451

Please email receipt to treasurer@plymptonhalifax.org.au and your Team Manager.

REGISTRATION	\$ 82.00
PLUS	
SPARKLES AND TINKERBELLS	\$ 70.00
TINIES	\$ 95.00
SUB-JUNIORS	\$112.00
JUNIORS	\$135.00
INTERMEDIATES	\$128.00
SENIORS	\$151.00
MASTERS	\$110.00

All girls (except Sparkles and Tinkerbells) require an aesthetic skirt:

Tinies and Sub-Juniors \$30, Juniors and Intermediates \$35 and Seniors and Masters \$40.

There is a discount available if the year fees are paid in full by 01 March 2018. Please refer to the fee sheet.