

# PLYMPTON HALIFAX CALISTHENIC CLUB

## JANUARY NEWSLETTER 2019

Welcome to the 2019 calisthenic year. I hope you have enjoyed the break and have had an opportunity to spend time with family and friends. Our Coaches are looking forward to seeing everyone again to hear their holiday stories.

It's a great time to bring along a friend or two! The first 2 lessons are free!

In the first few weeks of lessons we often experience some very hot weather. Please ensure your girls bring plenty of water to lessons. Our hot weather policy is :

*"Classes are cancelled if the temperature broadcast on Channel 9 News the night before is 36C or above."*

Facebook is our main means of communication so please check our Club Facebook page together with your team page re updates for hot weather.

Prior to your first lesson please take the time to look at the fees for 2019 (attached). The registration has increased from \$82 to \$97. This is an increase in the Royalty Theatre levy which is charged by CASA. Please note that the entire \$97 is forwarded to the Calisthenic Association of South Australia for affiliation fees – CASA registration, public liability, personal accident, copyright and Royalty Theatre levy. Without payment of this fee the participant is not insured and therefore **NOT** able to train. Registration, medical information and payment is to be completed online on the following link,

<https://www.plymptonhalifax.org.au/copy-of-registration>

If you have any queries now or throughout the year please do not hesitate to contact me directly.

See you all soon...Kind regards, Lisa Beecken—Coach Co-Ordinator—0438 808 967—ldbeecken@yahoo.com.au

TEAM	Age in 2019	DATE	TIME	COACH
TINKERBELLS (non competitive)	3-7years	Saturday 02 February	9-10am	Amelia DeLaine
SPARKLES (non competitive)	3-7years	Wednesday 06 February	4-5pm	Amelia DeLaine & Pip Canty
TINIES NAVY	6-7years	Saturday 02 February	10-11.30am	Meg Allison
TINIES GOLD	6-7years	Wednesday 06 February	5-6.30pm	Amelia DeLaine
SUB-JUNIORS	8-10years	Monday 04 February	4.30-6.30pm	Caitlin Carroll—Navy Hayley Edwards—Gold Meg Allison & Casey Allison—White
JUNIORS	11-13years	Tuesday 29 January	4.30-7pm	Lisa Beecken—Team 1 Casey Allison—Team 2
INTERMEDIATES	14-17years	Tuesday 29 January	7-9.30pm	Hayley Edwards
SENIORS	18 years+	Monday 21 January	6.30-9.30pm	Courtney Hill
MASTERS	26 years+	Wednesday 23 January	6.30-8.30pm	Hayley Edwards

PHONE: 8388 3433

**BAZANCE**

HOME SERVICES

EMAIL: [enquiries@balancehomeservices.com.au](mailto:enquiries@balancehomeservices.com.au)

# **ANNUAL GENERAL MEETING**

**Tuesday 12 February, 7pm at the hall**

**We are always looking for new members to join our committee.**

**Meetings are held every second month.**

**Please come along!**



## **NATIONAL TEAM REPRESENTATIVES**

Congratulations to Ellie and Jessica who were selected in the South Australian Sub-Junior National team for 2019. Miss Caitlin is one of the Assistant Coaches for the third year in a row! The team will compete in Perth in September. We are so proud of you and all your achievements and wish you all the best for this amazing experience.



## **PUPIL SKILLS**

*Congratulations* to our Sub-Juniors who passed their Class exams in December 2018:

Test One— Aella, Eliza, Inara, Lottie, Sofia, Tabby

Test Two – Angelina, Azelia, Chloe E, Chloe W, Gabriela, Georgia, Grace, Lexi, Maeve, Marissa, Matilda, Mikayla, Natasha, Sara, Tallyn, Yudi, Zoe

Test Three – Ellie, Georgia, Jasmine, Jessica, Melanie, Maddison, Sienna



## **WESTFIELD MARION SHOPPING CENTRE PROMOTION**

We need your help—we again have the opportunity to promote our wonderful sport and Club with a promotional stand outside of K-mart at Westfield Marion. We would love some volunteers to “woman” the stand and answer queries and hand out brochures. Timeslots are :

**Saturday 26 January – 9-11am, 11-1pm, 1-3pm, 3-5pm**

**Sunday 27 January — 11-1pm, 1-3pm, 3-5pm**

Please email Lisa if you can help .....ldbeecken@yahoo.com.au

## DIARY DATES

Please see the attached planner for diary dates however here are some of the competition dates that we know:

All teams—Mid Year Concert—Friday 21 June—Brighton High School  
Sparkles, Tinkerbells, Tinies Navy and Gold—25 OR 26 May  
Sub-Junior Navy—Friday 16 August  
Junior Team 1 and Team 2—Saturday 24 August  
Intermediates—Thursday 29 August (TBC)  
Seniors—Saturday 02 September

## TERM ONE 2019 FEES

Our preferred payment method is EFT.

BSB 065-126    A/C 0090 3451

Please email receipt to [treasurer@plymptonhalifax.org.au](mailto:treasurer@plymptonhalifax.org.au) and your Team Manager.

REGISTRATION	\$ 97.00
<b>PLUS</b>	
SPARKLES AND TINKERBELLS	\$ 70.00
TINIES	\$ 95.00
SUB-JUNIORS	\$112.00
JUNIORS	\$132.00
INTERMEDIATES	\$132.00
SENIORS	\$151.00
MASTERS	\$132.00

*All Tinies, Juniors, Intermediates and Seniors require an aesthetic skirt:  
Tinies and Sub-Juniors \$35, Juniors and Intermediates \$40 and Seniors \$50.*

## **PAY FOR THE WHOLE YEAR AND RECEIVE A DISCOUNT DUE FIRST LESSON**

The total includes discounted term fees, registration and costumes.  
(Does not include Annual Concert costume, if applicable).

Sparkles/Tinkerbells	<b>\$407.00</b>	Juniors	<b>\$630.00</b>
Tinies	<b>\$497.00</b>	Intermediates	<b>\$634.00</b>
Sub-Juniors	<b>\$566.00</b>	Seniors	<b>\$682.00</b>

## **SPORTS VOUCHER**

The Sports Vouchers program from the Government of South Australia administered by the Office recreation and Sport is ongoing in 2019. The program provides an opportunity for primary school aged children from reception to Year 7 to receive \$100 toward fees on a sport of their choice. Download the link and forward completed form to the Treasurer.

[https://sportsvouchers.sa.gov.au/\\_\\_data/assets/pdf\\_file/0004/501196/2019voucher.pdf](https://sportsvouchers.sa.gov.au/__data/assets/pdf_file/0004/501196/2019voucher.pdf)