

# PLYMPTON HALIFAX CALISTHENIC CLUB

## NEWSLETTER—DECEMBER 2019

With lessons coming to an end for 2019, we would like to thank everyone for such a wonderful year. Our Coaches have devoted so many hours to ensuring our girls and teams have had the best possible coaching. It has been a delight to see girls learning and improving and so many smiles along the way.

We participated in so many competitions and activities it's hard to know where to begin! Here is a list of events just over the past three months. A big thanks to all our volunteers because we couldn't do it without you.

\*Twilight Market—01 December—Amelia, Hayley, Jaclyn

\*St Anthony's School Fete—17 November— Grace K, Sophie, Gaby, Marissa, Zoe, Angelina F, Angelina K, Sofia, Grace B, Josie

\*Plympton Primary School Fete—17 November—Kate Weekley

\*Costume Cupboard Clean Up—12 November—Julie, Kelly M, Jaclyn, Casey, Anne, Stacey, Barb, Lyndall

\*Royalty Theatre—01 November—Di, Tracy

\*Marion Shopping Centre stall—13 October— Lisa, Jennifer, Angelina, Victoria, Cassie, Ellie, Di, Kellie, Matilda, Courtney, Catherine, Jaclyn, Amelia

\*Come n Try at West Torrens Library—11 October—Lisa, Vanessa, Tracy, Niki, Bella, Jade, Lily, Charlotte

\*Black Forest Primary School Fete—15 September—numerous Tinies, Juniors and their mums

\*Bunnings BBQ—14 September—Lisa, Peter, Anne, John, Doobs, Julie, Taylor, Maddi, Naomi, Javier, Trevor, Dee, Abbey, Jasmine, Josie, Theo and Susan

Congratulations to **Lily and Vanna** who were selected in the South Australian National Team which will compete in Darwin in July 2020. We wish you all the best and know the experience will be amazing!

**Prop Shed Working Bee—Saturday 14 December from 9am.** The shed is located behind the hall. It would be great to have as many hands as possible to clean, tidy and sort.



Congratulations to the following girls who recently completed their **Pupil Skills** exams:

Grade 2—Abbey, Bella, Jade, Maddie, Niki

Test 3—Georgia W

On **Monday 16 December** the Sub-Juniors will have their class exams at the following times:

Test 1—4.30pm (arrive at 4.00pm)

Test 2—5.00pm (arrive at 4.30pm )

Test 3—5.30pm(arrive at 5pm) - Group A

Test 3—6.15pm (arrive at 5.15pm) - Group B

It is now time to start thinking about a **Graceful Girl Solo**. If your daughter is interested in doing one in 2020 please contact any of our Coaches. Our Coaches need time to prepare routines so please contact them by 15 December. Graceful Girl lessons are private lessons so there are additional costs involved. Lessons are \$10 per half hour, \$15 for forty five minutes and \$20 for an hour. There is generally a minimum of 10 lessons. Parents need to organise their own costume, (with help from coaches). The Club hires out costumes or alternatively you can make or purchase your own. There is a once off hall hire of \$20 for these lessons. If you would like further information please give Lisa a call on 0438 808 967.

The sun was shining and we had so much fun at the Glenelg Christmas Pageant!



### CHRISTMAS PARTY

**Friday 13 December, 5.30-7pm**

**Venue: Glandore Community Centre**

**6.15pm : Shared party tea with a visit by Father Christmas at 6.45pm  
(please bring a plate of party food to share)**

### PARENT CHRISTMAS DINNER

**Tuesday 17 December 7pm**

**The Marion Hotel**

**RSVP : 10 December on you team Facebook page**

### SOLOS AND DUOS

Please enjoy the Solo and Duo photos on the next pages. Congratulations to each and every girl who danced on the stage. You are all winners for getting out there.



**ANNIKA and ELISE**  
Tinies Demonstration  
Coach: Pip

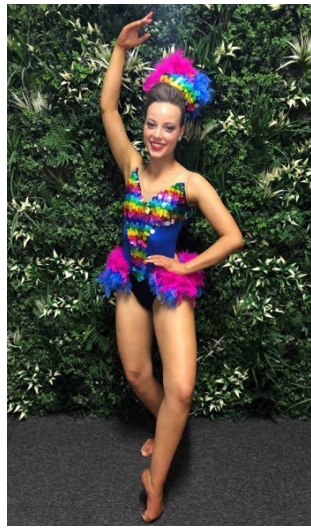


**JESSICA and LEXI**  
Tinies Demonstration  
Coach: Amelia

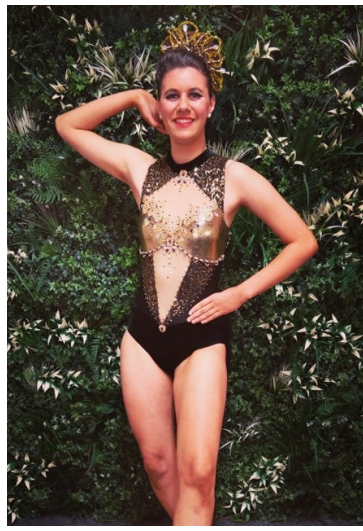




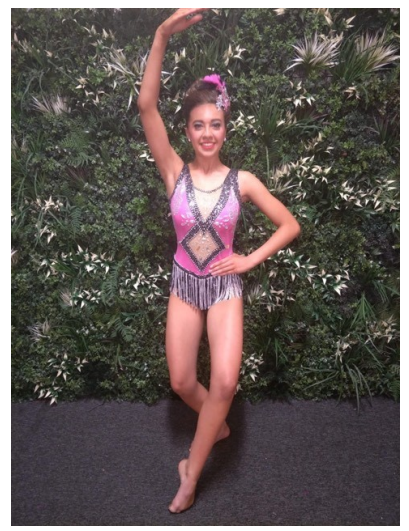
**ERIN**  
Senior Div 1  
2nd Place  
Coach: Hayley



**PIP**  
Senior Div 2  
Coach: Courtney



**TIANA**  
Intermediate 14/15yrs Div 2  
Coach: Hayley



**MONIQUE**  
Intermediate 14/15yrs Div 1  
Coach: Hayley



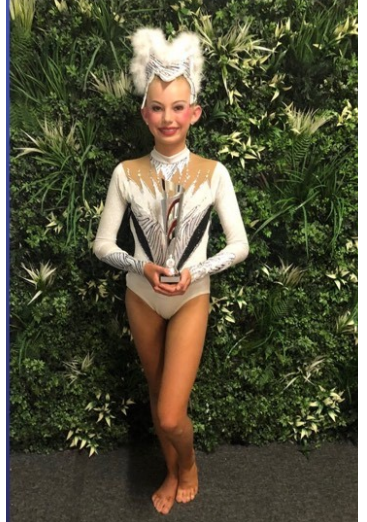
**NIKI**  
Junior 12/13yrs Div 2  
3rd Place  
Coach: Courtney



**LILY**  
Junior 12/13yrs Div 2  
Coach: Caitlin



**MADDIE**  
Junior 12/13yrs Div 3  
Coach: Courtney



**GEMMA**  
Junior 12/13yrs Div 5  
2nd Place  
Coach: Caitlin



**LEILA**  
Junior 12/13yrs Div 6  
1st Place  
Coach: Caitlin



**BREE**  
Junior 12/13yrs—Div 7  
4th Place  
Coach: Hayley



**ELLIE**  
Sub-Junior 10yrs Championship  
3rd Place  
Coach: Caitlin



**JESSICA**  
Sub-Junior 10yrs Championship  
Coach: Hayley

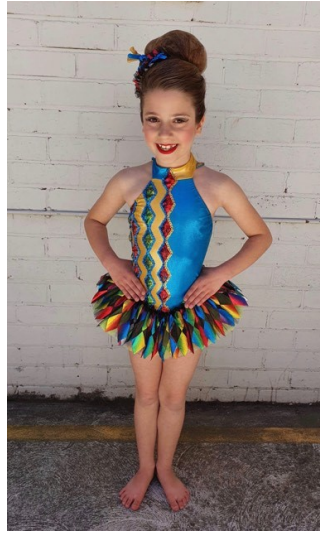




**GEORGIA**  
Sub-Junior 10yrs Div 1  
Coach: Caitlin



**LEXI**  
Sub-Junior 9yrs Div 3  
Coach: Casey



**APRIL**  
Tinies 7 yrs  
Coach: Amelia



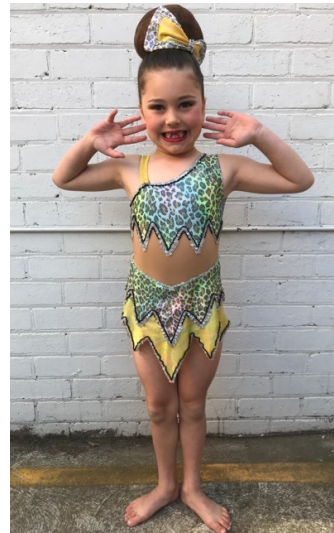
**EBONY**  
Tinies 7yrs  
Coach: Jaclyn



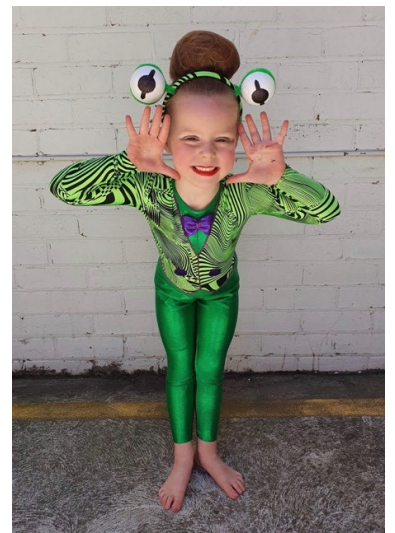
**LILY**  
Tinies 7 yrs  
Coach: Amelia



**GRACE**  
Tinies 7yrs  
Coach: Amelia



**SOPHIE**  
Tinies 7yrs  
Coach: Meg



**MALIN**  
Tinies Non Competitive  
Coach: Amelia



**ALANA**  
Tinies Non Competitive  
Coach: Pip



**NIKI and BELLA**  
Junior Championship  
Coaches: Hayley and Courtney



**ABBEY and BREE**  
Junior Division 2  
5th Place  
Coach: Casey



**ELLIE and MADDY**  
Sub-Junior Championship  
2nd Place  
Coach: Caitlin





What an amazing trip for our 24 Sub-Juniors. Not only did they compete at the Royal South Street Eisteddfod, taking out the Sub Junior Div 2 Aggregate, but enjoyed so much more: Melbourne Zoo, Spooky Putt Putt, swimming, the yummy Beechworth Bakery and of course Sovereign Hill. A HUGE thank you to everyone involved in making this trip so successful and a special thanks to our wonderful sponsors **Beston Global Food Company**. Your financial support was greatly appreciated and the sample cheeses were enjoyed by all!

**BESTON**  **GLOBAL FOOD COMPANY**



**AGM**  
**Thursday 20 February, 7pm**

**At the hall**

**Please pop this date in your diary.**

***Lessons for 2020 commence as follows:-***

JUNIORS	Tuesday 28 January, 4.30-7pm
INTERMEDIATES	Tuesday 28 January, 7-9.30pm
TINKERBELLS	Saturday 01 February 9-10am
TINIES NAVY	Saturday 01 February, 10-11.30am
SUB-JUNIORS**	Monday 03 February, 4.30-6.30pm
<i>* **Sub-Junior parents please note that in the first 2 lessons the girls will learn some work and then teams will be selected.</i>	
SENIORS	Monday 03 February, 6.30pm
SPARKLES	Wednesday 05 February, 4-5pm
TINIES GOLD	Wednesday 05 February, 5-6.30pm
MASTERS	Wednesday 05 February, 6.30pm

***A VERY MERRY CHRISTMAS TO YOU ALL.***

***SEE YOU IN 2020!***

